

Bed Bug Treatment Checklist for Students

Complete the following steps if bed bugs have been confirmed in your suite/room.

Bed bugs can travel in clothing, bags, backpacks, laptops, furniture; anything with small spaces to hide. Therefore, all actions should be performed inside your room to prevent the spread of bed bugs.

Backpacks should be treated as clothing. Personal electronics (i.e., cell phones, MP3 players, laptops) should be left on the desktop during treatment so they can be examined. Textbooks and study materials should also be left in your room (not bagged) during treatment.

It is imperative that the following be done after the room has been inspected and the presence of bed bugs have been confirmed, but before room is treated:

_____ All bagged clothing items must be washed. Bag ALL clothing items in your room. This includes everything in your closet, under your bed, in dresser drawers, towels, curtains, bedding, everything. Be sure to tightly tie the bag off.

_____ Bring laundry bags immediately to laundry room and empty contents into the dryer. Immediately after unloading and starting laundry, dispose of plastic bags in a dumpster outside of the building. Run the dryer on high heat for at least 20 minutes before washing; the dryer heat should be above 130° degrees which is what is needed to kill bed bugs. Wash twice, in hot water, and dry on high heat. Place cleaned laundry in a new garbage bag, do NOT unpack, if residing in the same room, until given clearance to do so by an exterminator.

_____ Items that are delicate or have the possibility of shrinking or color fading: put into plastic bags and seal tightly, take directly to dry cleaners and inform them they need to be cleaned to get rid of bed bugs. Note: you are responsible for all dry-cleaning costs.*

_____ Clean up all clutter; remove all non-furniture items from under beds and discard cardboard boxes. Remember, clutter provides places for bugs to hide! Take all items off the floor, including closet floors.

_____ Move all items into center of room, at least two feet away from the walls.

_____ Place any shoes or other small, non-washable items from your closet into a plastic garbage bag and tie the bag off. Leave this in your room until the exterminator treats the room.

_____ Vacuum all carpet and furniture, making sure to clean all crevices and corners, make sure to get behind furniture, including bed headboard and under the bed. Immediately dispose of vacuum bag in dumpster outside of building.

_____ Clean—sweep and mop all floors.

_____ Remove all open food.

_____ Leave room for at least 3 hours following treatment by a professional exterminator.

After room has been treated

- Vacuum daily and discard vacuum bags after each use.
- A second treatment will be administered by the exterminator 7-10 days after the initial treatment.
- Don't mop floor or clean pesticide residue for at least 10 days after the final treatment.
- Room will be inspected by exterminator 7-10 days after second treatment. A staff member will be present; students are again encouraged to be present. Follow-up will be determined as needed.